

Social & Emotional Education (SEE) for 12-14+ year olds

Need help in delivering **SEE**?



SEE is a 2-3 year course comprising user-friendly learning modules giving young people / secondary students a universal framework for adult life.

Human Values Foundation
Life-enriching values for everyone

Many schools in the UK have already found this deeply researched and clear approach to values education to be a long sought-after answer to apparently insoluble problems facing society today.



www.humanvaluesfoundation.com

ORDER FORM

Please complete and send to: Human Values Foundation • The Coach House • Salisbury Road • Horsham • West Sussex • RH13 0AU • UK with your cheque in £ sterling made payable to: **Human Values Foundation** (or asked to be invoiced).

PLEASE FILL IN YOUR DETAILS BELOW IN BLOCK CAPITALS - FOR MAIL ORDER ONLY • WHY NOT USE OUR INFORMATIVE WEBSITE? IT IS QUICKER AND CHEAPER IF YOU DOWNLOAD THE PROGRAMME: www.humanvaluesfoundation.com

Name: Telephone number:

School: E-mail address:

Address: Signature:

..... Any other information:

.....

Postcode:

QTY	ITEM	Mail Order Only	TOTAL
	Social & Emotional Education (SEE) - a course for students aged 12 to 14+	£108.44 - Hard Copy	
	Education in Human Values (EHV) - a course for 5 to 12 year olds	£98.44 - Hard Copy	
	Songs CD (to accompany EHV) - for 5 to 12 year olds	£14.50	
	Songs CD (to accompany SEE) - for 12 to 14+ year olds	£14.50	
	Music for Reflection CD - suitable for all ages	£14.50	
	Training DVD for EHV - for 5 to 12 year olds (43 mins. duration)	£29.50	
	Introductory DVD for EHV - for teachers of 5 to 12 year olds	£14.50	
	EHV Home Learning Units and Parents' Booklet (only to be used in conjunction with EHV lesson plans; not sold as a single item)	£13.95	
	Prices include postage and packaging for UK deliveries. (For deliveries outside the UK, please go to our website.)		
	TOTAL		

Human Values Foundation
Life-enriching values for everyone

Human Values Foundation • The Coach House • Salisbury Road • Horsham • West Sussex • RH13 0AU • UK
Telephone: + 44 (0) 1403 259711 • E-mail: hvinfo@googlemail.com • Website: www.humanvaluesfoundation.com
© Human Values Foundation 2009

Registered Office: The Coach House, Salisbury Road, Horsham, West Sussex RH13 0AU • Registered in England No. 3089834 • Registered Charity No. 1048755
(A company limited by guarantee)





Our easy-to-use website is full of helpful information about universal values, which enhance children's intellectual, emotional and social skills, along with their understanding of morals and ethics.

Visit: www.humanvaluesfoundation.com

The HVF is a non-denominational and independent body, which does not represent or work on behalf of any particular religion or spiritual interest

SEE is an inspiring course for 12-14+ year olds. Every Child Matters

The SEE programme helps students develop a healthy and safe lifestyle, good relationships, a caring attitude, confidence and responsibility.

The core values of Truth, Love, Peace, Right Action and Non-Violence, together with related values, which are essential components of the EDUCATION in HUMAN VALUES programme for primary schools, are carried into the SOCIAL and EMOTIONAL EDUCATION programme but with a more discerning approach for this more mature age group.

SEE, published by the Human Values Foundation, comprises a comprehensive Teacher's Manual, together with two volumes of Lesson Modules. These are full of illustrative activities such as group exercises, quizzes, role plays, suggestions for related projects and areas for further exploration (within the school or set as homework). SEE uses the following familiar teaching techniques to deliver the values:

- ✦ forum
- ✦ quotation
- ✦ silent reflection
- ✦ focus (story or event)
- ✦ song (optional)
- ✦ activity

“I have used this course with a top set Year 8 class for the past 6 weeks. I have found the resources to be extremely “user friendly” and the topics well-suited to 12/13+.”
Teacher, Middle School, Isle of Wight.

This course has been specifically designed to encourage discussion, debate and dialogue about the challenges of life and how to manage them. A key element of the programme is a FORUM in which students can discuss their emotions and feelings about the lesson's theme. By doing so, they:

- ✦ learn about themselves. They explore how their feelings and emotions influence their behaviour and how their behaviour in turn affects the world around them.
- ✦ learn how to express feelings and emotions in response to the sometimes challenging issues they experience in life. Many of these issues are raised and explored positively in the SEE programme, which covers topics such as “Bravery and courage”, “The power to choose” and “Forgiveness”.
- ✦ learn how to listen to the feelings and emotions of others, creating a sense of unity, developing compassion and understanding towards others and building empathy.

These are important life skills and qualities for any person to develop, whether they are young or old.

Will teachers need to learn anything new?

The components used in the SEE programme are largely familiar to all teachers. The only teaching method, which is less familiar but increasingly used in schools, is ‘silent sitting’ or ‘silent reflection’. The purpose of this is to provide a short period during which pupils may be invited to reflect and focus on a particular theme or idea. This helps pupils to calm down, find a peaceful, central part of themselves and learn how to draw on their own authority for answers.

Schools the world over are finding that their learners are inspired by the uplifting effects they experience from the HVF's values programmes.

This programme is excellent for meeting the requirements of the curriculum for Spiritual, Moral, Social and Cultural (SMSC) education; Personal, Social and Health Education (PSHE); Citizenship; Social and Emotional Aspects of Learning (SEAL); “Every Child Matters”; and many other initiatives.

Make it happen in your school!

Order our SEE programme and prepare young people for adult life. The learning modules include the following topics:

- ✦ Rights & responsibilities
- ✦ Anti-bullying
- ✦ Good manners & behaviour
- ✦ Respect & positive attitudes
- ✦ Healthy & safe lifestyle
- ✦ Peace, harmony & non-violence
- ✦ Good relationships & caring attitudes
- ✦ Fairness, equality & honesty
- ✦ Coexistence & conflict management
- ✦ Concern for all life
- ✦ Bravery, courage & coping with change and many more...!

HOW TO BUY

The quickest and easiest way is to order online from our website www.humanvaluesfoundation.com

- ✦ You can purchase online and save money by downloading a high res pdf to print at your leisure.
- ✦ You can purchase online and order hard copies to be sent to your chosen location.
- ✦ Or you can purchase by mail order by using the order form attached.

“I work in what is regarded as a deprived area. The groups I teach are aged 16-19. The learning modules contain an abundance of activities that can be used as they are or tailored slightly to suit working with the older age group. The modules are well organised, informative and innovative.”
Teacher, Henley College, Coventry